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To Year 6 parents and carers **Nothumberland Heath School** 

Dear Parent/ Carer

## **Term-time Cycle Training**

I am pleased to inform you that the school has arranged a Bikeability Level 1/2 course to be delivered to pupils in Year 6 during term time during the week of:

## October 10<sup>th</sup> week 2022

The course aims to provide Levels 1 and 2 training to children who are **competent cyclists** i.e. able to ride a bike well unaided (can take one hand of the handlebar to signal, look behind etc., without wobbling). Most of the training will take place on quiet, risk assessed, public roads. They will not gain experience of riding on busier roads, nor in heavy traffic. It therefore remains your responsibility to decide if your child may ride on the road unaccompanied after completing the course.

The course has been planned to ensure that it meets any guidance on COVID measures currently in place. We assess the children and their bikes in the playground before taking them on the road.

It is important your child has a roadworthy bicycle of the correct size. If, in the instructor's opinion, the bicycle is not roadworthy or is the wrong size, your child may not be allowed to take part in the course. All bikes MUST have two working brakes.

Trainees must wear an approved cycling helmet (not full-face) and should also wear appropriate clothing suitable for cycling and the weather conditions (cold/warm/wet!). We would also recommend a high visibility waistcoat/top if you have one.

Although the London Borough of Bexley holds an insurance policy covering third-party claims, it is not a personal accident scheme. The Council will not be liable for any accident or injury to a child, or loss/damage to property, except in cases resulting from negligence by the Council.

To request a place for your child please complete the online web form as soon as possible at:

## http://bexley.gov.uk/cyclingform

Places are limited and allocated on a 'first come first served' basis. Applications should ideally be completed at least 2 weeks prior to the course. You may **ONLY** book a place for your own child. Places will be confirmed by The Road Safety Team via email.

If you have any questions, or need further information, please call 020 8303 4570 and ask to speak to The Road Safety Team.

Yours faithfully

Road Safety Team





Listening to you, working for you